



## Polpette in padella!

Francesca Ferrara, Rome, Italy

- Mixed meat of beef and pork
- Bread
- Milk
- Eggs
- Spices
- Lemon

Make bread softer with milk, mix it with beef, eggs, spices and lemon. Prepare little meat balls with your hands and then just put them in a cooking pan with son EVO oil and after 15 minutes these polpette are ready and super tasty.